

Review article

Tooth loss in adults and income: Systematic review and meta-analysis



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ABSTRACT

Objective: To systematically review the literature in order to identify an association between income and tooth loss in adults.

Methods: An electronic search was conducted on PubMed, Scopus, Embase, Web of Knowledge, Scielo and LILACS. Studies were included if they reported the relationship between socioeconomic status (assessed by income) and tooth loss (clinical examination or self-reported) among adults aged from 18 to 60-years-old.

Results: We, found 1007 articles through March 2014; 11 studies were then included. The results of meta-analyses with random-effects model that subjects of lower levels of income presented greater chance of tooth loss (OR 2.52; 95%CI 2.11–3.01). This association also remained significant when only adjusted results were pooled; however, attenuation in the magnitude of such association was noted (OR 1.66; 95% CI 1.48–1.86) as well as no heterogeneity. Meta-regression analysis revealed that the sample size explained about 9% of heterogeneity in the crude model.

Conclusion: Our results evidenced a relationship between income and tooth loss in adults. Longitudinal studies with broader socioeconomic measures are encouraged.

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1. Introduction

Among several socioeconomic position measures employed in epidemiology, income is one of the most relevant for reflecting material conditions and for being the most direct way of measuring socioeconomic position [1]. In most situations, the lower the income the higher the prevalence of health problems [2]. Thus, those living in poverty concentrate greater load oral diseases, such as dental caries and periodontitis [3], and systemic conditions, such as diabetes, cardiovascular disease and obesity [4]. Given that, the association between income and unfavorable health conditions is beyond dispute in the literature.

Oral health conditions provide an excellent model for investigating the impact of income on health conditions, since the most common dental disorders are easily-recognized indicators of past disease experience, with an etiology that comprises a complex mix of social, biological and behavioral

factors [5]. The practices that create the oral health inequities are embedded in the usual patterns of ordinary life [6], and follow the general health conditions: some are socially determined and differ across the economic hierarchy, presenting worse oral health status [7].

Tooth loss is a worldwide public health issue, especially in low- and middle-income countries [4,8]. It is associated with general health conditions such as blood pressure, obesity and malnutrition, also considered a potential risk factor to cardiovascular disease [9–12]. Furthermore, this condition impacts negatively on the quality of life [13], affecting daily activities like chewing, swallowing, phonation, esthetics and social life [10,13,14]. According to Marcenes and colleagues, severe teeth loss is ranked in the 36th position among the 100 chronic diseases that affect life expectation, reflecting the importance of this condition considering not only oral, but also the systemic health [8].

Many reports have demonstrated the close relationship between income and tooth loss, emphasizing the relevance of such topic. However, in some of them this association is not noted, due to issues such as small sample size and lack of statistical power. Based on that, it is a concern that no systematic review has thus far explored such association. Therefore, this study aimed to conduct a systematic

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review and meta-analysis in order to investigate the association between income and tooth loss in adults.

2. Methods

2.1. Review question

The review question was based on the modified “PICO question” for observational studies as follows: “Is there an association between income and tooth loss in adults aged 18–60-years-old?”.

2.1.1. Search strategy

An electronic search was conducted in March 2014, in a structured way to identify manuscripts that analyzed the association between income and tooth loss in adults. Electronic database searches of PubMed via Medline, Scientific Electronic Library Online (SciELO), Web of Knowledge and Scopus were performed up to and including March 2014 using MeSH terms and other keywords in several combinations. No date restriction was applied.

We combined each of the following terms for income: “Factors, Socioeconomic” [Mesh] or “Factors, Socioeconomic” or “Factor, Socioeconomic” or “Socioeconomic Factor” or “Standard of Living” or “Living Standard” or “Living Standards” or “Low-Income Population” or “Low Income Population” or “Low-Income Populations” or “Population, Low-Income” or “Populations, Low-Income” or “Income” [Mesh] or “Poverty” [Mesh] or “Inequalities” or “Inequality”, with each of the terms for tooth loss: “Tooth Loss” [Mesh] or “Loss, Tooth”. Even though this systematic review was aimed to assess the effect of income on tooth loss among adult subjects, we did not restrict the selection of studies on adults at this stage of the review.

All titles of the searches and abstracts of the papers that satisfied the eligibility criteria described below were assessed. After an initial screening, lists of selected papers were compared and in the case of disagreements, decisions were made following discussion based on the inclusion and exclusion criteria described below. The selected literature was independently reviewed by two authors and classified as suitable or not to be included in this systematic review. The full text of the papers considered by title and abstract to be pertinent for this review was then read. Later, additional publications were screened by the same two authors using a hand search of the reference lists of the studies that were found to be relevant in the previous step. Cases of disagreement between authors were discussed until a consensus was reached. Predefined data-collection worksheets were employed for the assessment of each selected publication.

2.1.2. Inclusion and exclusion criteria

Studies were included if they reported the relationship between income and tooth loss (clinical examination or self-reported) among adults aged from 18 to 60-years-old. Manuscripts published in English, Portuguese or Spanish were eligible for inclusion. All types of study design were included. Reviews, letters to the editor, abstracts from conferences were not considered.

2.1.3. Data extraction

Data were independently extracted by same two authors, using a standardized worksheet containing the following information: author, year of publication, geographic location (treated as a dichotomous variable—low/middle income; high-income countries), study design (cross-sectional, longitudinal), age of enrolled population, sample size ($\leq 1,000$; $>1,000$), outcome definition (mean/median number of teeth lost; functional dentition; more than 15 teeth lost), main exposures definition (income), cut-off points of outcome and exposures, crude effect size with 95%CI,

adjusted effect size with 95%CI, and type of adjustment. Only articles presenting crude and/or adjusted effect size measure with their respective 95%CI for income were eligible to be included in the meta-analysis. Authors were contacted in order to clarify any queries on the study methodology or result.

2.1.4. Qualitative evaluation of selected studies

All articles were classified according to an adaptation of the Downs and Black scale [15]. From the 27 original items in the checklist, 17 were employed, according to the modification performed by Wehrmeister and coworkers [16]. In essence, the authors did not consider the items that were specific for interventional studies. More information regarding the evaluated items can be found in Fig. 1. Each item scored one point, except for one item that could result at most two points. The total scoring could therefore range from 0 to 18 points. Articles were classified as follows: high chance of bias (0–5 points), moderate chance of bias (6–11 points) and low chance of bias (12–18 points). Two referees evaluated selected papers independently and disagreements were decided by consensus after a discussion.

2.1.5. Statistical analysis

Different meta-analyses were conducted considering: (1) crude association between income and tooth loss; (2) adjusted association between income and tooth loss. When different categories of income were present, only the estimate comparing the most extreme categories was considered for meta-analysis. In case of time-series, just the most recent result was considered. When Prevalence Ratio was the association measure presented in the article, the one was converted into Odds Ratio using the formula proposed by Zhang and Yu [17]. For each model, a pooled effect was obtained using both fixed- and random-effects models. Heterogeneity among studies was evaluated using I^2 test. If heterogeneity was statistically significant ($P < 0.05$), a random-effects model was used. When heterogeneity was present ($I^2 > 50\%$), meta-regression was also performed to evaluate the contribution of study characteristics to the between-study variability [18]. Study characteristics were included as covariates in the meta-regression analysis, one at a time, rather than using an overall score of study quality. This approach allows the identification of aspects of study design that are potential sources of heterogeneity. All analyses were performed using the software STATA 12.0 (StataCorp., College Station, TX, USA).

1. Is the hypothesis/aim/objective of the study clearly described?
2. Are the main outcomes to be measured clearly described in the Introduction or Methods section?
3. Are the characteristics of the patients included in the study described clearly?
4. Are the distributions of principal confounders in each group of subjects to be compared described clearly?
5. Are the main findings of the study described clearly?
6. Does the study provide estimates of the random variability in the data for the main outcomes?
7. Have the characteristics of patients lost to follow-up been described?
8. Have actual probability values been reported (for example, 0.035 rather than <0.05) for the main outcomes except where the probability value is less than 0.001?
9. Were the subjects asked to participate in the study representative of the entire population from which they were recruited?
10. If any of the results of the study were based on ‘data dredging’, was this made clear?
11. Were the statistical tests used to assess the main outcomes appropriate?
12. Were the main outcome measures used accurate (valid and reliable)?
13. Were the patients in different groups recruited from the same population?
14. Were study subjects recruited over the same period of time?
15. Was there adequate adjustment for confounding in the analyses from which the main findings were drawn?
16. Were losses of patients to follow-up taken into account?
17. Did the study have sufficient power to detect a clinically important effect where the probability value for a difference being due to chance is less than 5%?

Fig. 1. Modified version of Downs and Black scale.

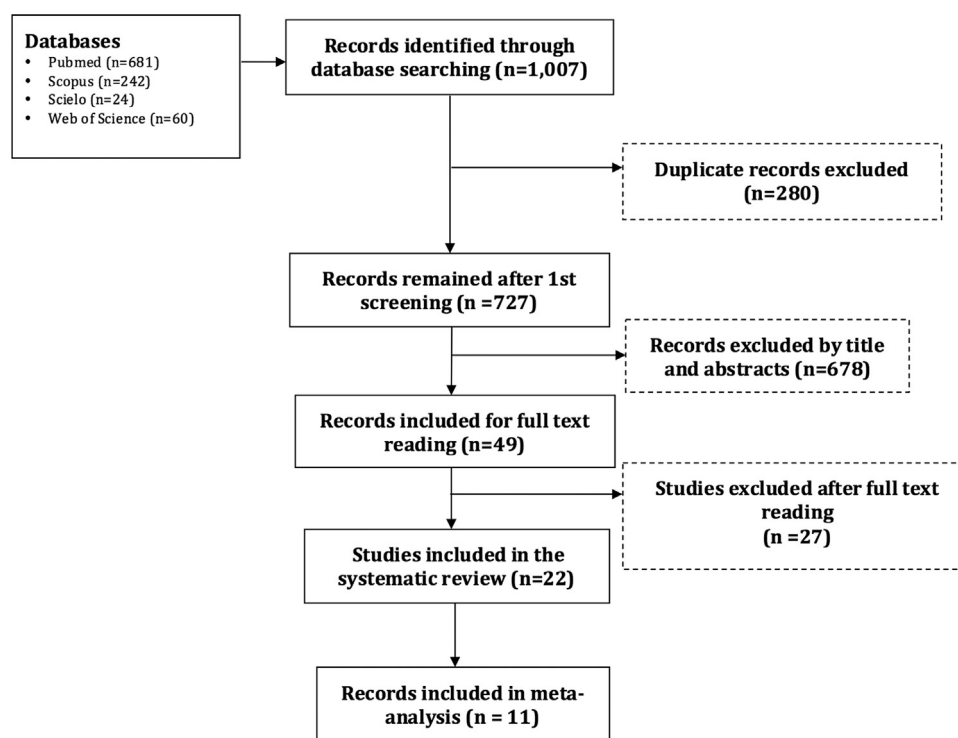


Fig. 2. Flow diagram of identification and selection process of studies.

3. Results

The electronic search identified 1,007 articles. From this total, 278 papers were duplicated, and excluded, remaining 729 studies. Fig. 2 shows the number of studies that remained in each step of search. We identified 49 potential manuscripts and 27 were excluded at this final stage (Fig. 2). Table 1 brings information of main reasons for exclusion.

Therefore, 22 articles were eligible for the systematic review, however, from those, only 11 presented data for meta-analysis, and were then, included. Table S1 (Supplementary material) displays the main characteristics of those studies that were selected in the review but not included in the statistical analysis ($n = 11$). Table 2 describes the main characteristics of the studies included in the meta-analysis ($n = 11$). According to Downs and Black checklist, all 11 papers included scored >12 , revealing a low chance of bias.

Table 1

Excluded articles and main reason for exclusion.

| Study | Year | Country | Reason for exclusion |
|--------------------------|------|--------------------------|---------------------------------------------------------------------------------------------|
| Aida et al. [27] | 2009 | Japan | Elderly population only |
| Anderson et al. [28] | 1974 | Canada | Data stratified by gender |
| Ahlqwist et al. [29] | 1991 | Sweden | SEP assessed by occupation and educational level |
| Bernabé et al. [30] | 2012 | Finland | SEP assessed by a combination of income and education |
| Brown et al. [31] | 1988 | United States of America | The article could not be assessed |
| Cimões et al. [32] | 2007 | Brazil | No information about income and education associations |
| Celeste et al. [33] | 2011 | Brazil | SEP assessed by a combination of income and education |
| Frazão et al. [34] | 2003 | Brazil | SEP data organized by clusters |
| Gilbert et al. [35] | 1999 | USA | No effect size with income as an exposition |
| Hescot [36] | 1997 | Norway | SEP assessed by occupation |
| Holst and Shuller [37] | 2012 | Norway | There is no information about the outcome (tooth loss) |
| Jagger et al. [38] | 2013 | Scotland | Relationship with inequalities measure, without quantifying a direct effect of the exposure |
| Jimenez et al. [39] | 2009 | United States of America | SEP assessed by a combination of income and education |
| Medina-Solis et al. [40] | 2008 | Mexico | No information about income and education associations |
| Moreira et al. [41] | 2010 | Brazil | SEP assessed by educational level |
| Mundt et al. [42] | 2007 | Germany | Same sample from a previous study included in this review |
| Pearce et al. [43] | 2009 | United Kingdom | SEP assessed by occupation |
| Pihlgren et al. [44] | 2011 | Sweden | The article could not be assessed |
| Rihs et al. [45] | 2009 | Brazil | No relationship with SEP |
| Roder [46] | 1975 | Australia | No information about income and education associations |
| Shammery et al. [47] | 1998 | Saudi Arabia | SEP assessed by condition of the house |
| Susin et al. [48] | 2005 | Brazil | SEP assessed by a combination of income and education |
| Susin et al. [49] | 2006 | Brazil | SEP assessed by a combination of income and education |
| Thomson et al. [24] | 2000 | New Zealand | SEP assessed by occupation |
| Thomson et al. [50] | 2004 | New Zealand | SEP assessed by occupation |
| Thomson [3] | 2012 | New Zealand | SEP assessed by occupation |
| Wennström et al. [51] | 2013 | Sweden | SEP assessed by a combination of income and education; sample composed only by women |

Table 2
Main findings of studies included in the meta-analysis.

| Author | Year | Country | Sample | Study design | Main exposure definition | Exposure cut-off point | Outcome definition | Outcome cut-off point | Effect size and crude association results with 95%CI | Effect size and adjusted association results with 95%CI | Adjustment | Observations |
|---------------------|------|-------------------|-----------------------------------------------------------------------------------|-------------------------------------|---------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------|
| Barbato et al. [52] | 2007 | Brazil | 13,431 subjects from 35 to 44yo | Cross-sectional with secondary data | Household income | Income: Dichotomized with the cut-point set as the median value. | Lost teeth for any reason | Dichotomized in 12 teeth lost or more; and in less than 12 teeth | Income: RP 1.65 (1.53–1.79). | Income: RP 1.41 (1.31–1.51). | Adjusted for geographic location, age, gender and skin color | – |
| Batista et al. [53] | 2012 | Brazil | 386 subjects from 20 to 64-yo | Cross-sectional | Household income | Income: Median value (US \$588.24). | No tooth lost; 1 or more tooth lost; 3 or more; more than 4 | Median value (3) | No tooth lost versus 1 or more: Income (<588.24): RP 1.18 (1.05–1.33); 3 or more versus 4 or more: Income (<588.24): RP 1.58 (1.22–2.04). | 3 or more versus 4 or more: Income (<588.24): RP 1.35 (1.07–1.70) | Adjusted for age, presence of dental biofilm, gingival bleeding and clinical attachment loss ≥ 4 mm | – |
| Celeste et al. [33] | 2011 | Brazil and Sweden | Brazil 3344 from 35 to 44-yo in 1986; Sweden 1000 from 35 to 44-yo at each survey | Cross-sectional | Income level | Higher or lower income level. Income in Sweden: defined by a question based on an amount of money enough to survey in a crisis moment - those who could manage the situation were classified in the higher economic class; Income in Brazil: ≥ 2 Brazilian Minimum Wages (higher) or < 2 Brazilian MW (lower). | Edentulism | Sweden: self-reported oral health data and 5 possible responses: 1—no teeth or mere remains; 2—dentures, whole or part; 3—own teeth but in bad condition, many missing; 4—own teeth but many fillings or bridgework; 5—own teeth in good condition, no or few fillings. The first two answers were considered edentulism. Brazil: Missed component of DMF-T = 32. | Results presented a comparison between higher and lower economic class. Sweden 1968: PR 2.58 (1.99–3.35); 1974 PR 2.82 (2.00–3.98); 1981 PR 3.68 (2.30–5.87); 1991 PR 2.89 (0.79–10.53); 2000 PR 2.70 (0.50–14.6). Brazil 1986 PR 1.67 (1.43–1.94) | – | Brazilian data of 2002 were not used because it was already published in a different paper included in this review. | |
| Correa et al. [54] | 2010 | Brazil | 720 subjects with 24-yo | Birth cohort | Household income at birth; household income when subjects were 15 and 23; | Household income at birth: Brazilian Minimum wages (< 1 ; 1–3; 3.1–6; 6.1–10; > 10) with a division in tertiles (2nd and 3rd–non-poor; 1st–poor); household income at ages 15 and 23: Continuous variables and divided in tertiles (2nd and 3rd–non-poor; 1st–poor)–Trajectory of income during life-course: never poor; always poor; poor at birth and non-poor in adulthood; non-poor | One or more teeth lost | – | Family income at birth: 1st tertile PR 1.39 (1.06–1.84); Family income at 15: 1st tertile PR 1.40 (1.07–1.85); Family income at 23: 1st tertile PR 1.33 (1.01–1.76); Family's socioeconomic trajectory from birth to age 15: Non-poor–poor PR 1.37 (0.94–2.01); Poor–non-poor PR 1.43 (0.94–2.16); always poor PR 1.55 (1.10–2.19). | Family income at birth: 1st tertile PR 1.37 (1.01–1.86); Family income at 15: 1st tertile PR 1.22 (0.90–1.66); Family income at 23: 1st tertile PR 1.05 (0.78–1.43); Family's socioeconomic trajectory from birth to age 15: Non-poor–poor PR 1.37 (0.93–2.02); Poor–non-poor PR 1.36 (0.87–2.12); always poor PR 1.56 (1.08–2.26). | Adjusted for gender, skin color, mother educational level, dental caries and oral hygiene instruction. | Household income at age 23 was included in the meta-analyses |

| | | | | | | | | | | | |
|-------------------------|------|--------|----------------------------------------------------------------------------------------------------------------------|----------------------------------------------|----------------------------------------|--------------------------------------------------------------------------------------|-----------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------|
| Gilbert et al. [55] | 2003 | USA | Baseline: 873 African-American and Caucasian subjects from 4-yo or older; After 48 months of follow-up: 687 subjects | Cohort study - 48 months of follow-up | Household income | at birth and poor in adulthood. Household income (relative to \$20,000 annually) | Mean number of teeth lost | Different cut-off points were adopted considering the mean and SD of teeth lost according to the expositions variables: Household income less than US\$20,000/year 3.6 (3.5); more than US\$20,000/year 2.8 (3.6). | Income: OR 2.64 (1.84, 3.79); | - | - |
| Haugejorden et al. [56] | 2008 | Norway | 1,092 subjects from 25 to 79-yo | Cross-sectional - telephone | Household income | Income: High - \geq 250 NOK/year (US\$ 37,480); Low - $<$ 250 NOK/year. | Number of teeth lost for any reason | Less than 20 remained teeth; more than 20 remained teeth | Income: Low - OR 4.13 (2.53–6.76). | Income: Low - OR 2.8 (1.6–5.1). | Adjusted for smoking and dental appointment |
| Jiang et al. [57] | 2013 | USA | 11,385 subjects 18-yo or older | Cross-sectional - telephone | Household income | Income: High - \geq \$25,000; Low - $<$ \$25,000. | None, 1 to 5 teeth lost, 6 or more but not all, and all (edentulism). | - | - | 6-31 teeth lost versus none: Income OR 1.63 (1.10–2.40). | Adjusted for smoking, obesity and dental appointment |
| Koltermann et al. [58] | 2011 | Brazil | 10,407 subjects | Cross-sectional | Household income | Income: High - \geq R\$ 801; Medium-R\$ 280-R\$ 80; Low-R\$ 0.00-R\$ 279 (BRL). | Less than 20 remained teeth; more than 20 remained teeth | Less than 20 remained teeth; more than 20 remained teeth | Income: Medium - OR 1.28 (1.16–1.42); High-OR 2.55 (2.23–2.90). | Income: Higher income versus lower: OR 1.54 (1.33–1.78). | Adjusted for gender |
| Peres et al. [59] | 2013 | Brazil | 9,779 subjects from 35 to 44-yo | Cross-sectional | Household income | Income: from \$ 500; \$ 501 to \$ 1500; \$ 1500 to \$ 4500; more than \$ 4500 (BRL). | Lost teeth for any reason | Less than 20 remained teeth; more than 20 remained teeth | Income: 4500–1501 - PR 2.17 (1.04–4.52); 1500–501 - PR 3.63 (1.69–7.80); Less than 500 - PR 4.74 (2.20–10.17). | Income: \$4,500–\$1,501: PR 1.53 (0.80–2.97); \$1,500–\$501: PR 1.83 (0.93–3.62); Less than \$500: PR 1.99 (1.01–3.93). | Adjusted for gender, skin color |
| Silva et al. [60] | 2009 | Brazil | 1,612 subjects from 35 to 44-yo | Cross-sectional with a representative sample | Household income | Income: Dichotomized with the cut-point set as the median value. | Lost teeth for any reason | Less than 20 remained teeth; more than 20 remained teeth | Income: R\$ 500 RP 1.19 (0.97–1.46). | Income: R\$ 500 RP 1219 (1.08–1.54). | - |
| Urzua et al. [61] | 2012 | Chile | 1,088 subjects from 35 to 44-yo | Cross-sectional | Household income and individual income | Income: High - $>$ U\$570/month; Low - \leq U\$570/month. | Lost teeth for any reason | Less than 20 remained teeth; more than 20 remained teeth | Household income: OR 2.28 (1.5–3.46); Individual income: OR 1.65 (1.15–2.38). | Household income: OR 1.94 (1.24–3.04); Individual income: OR 1.34 (0.89–2.0). | Adjusted for depression, diabetes and obesity |

RL: Brazilian Reais; NOK: Norwegian Krone.

The meta-analysis considering the crude association between income and tooth loss revealed a pooled effect of OR 2.52 (95%CI 2.11–3.01) for those subjects from lower income level (Fig. 3). Heterogeneity was detected in this model (I^2 85.4%). Only 8 studies reported adjusted estimates for the effect of socioeconomic status and the pooled effect was OR 1.66 (95%CI 1.48–1.86) in those subjects from the lower income level compared to those from the higher (Fig. 4). No heterogeneity was observed in this analysis (I^2 27.9%). Table 3 displays the subgroup and the meta-regression analyses. It is possible to observe that in the crude model, the sample size explained about 9% of the heterogeneity (Table 3).

4. Discussion

The results of this systematic-review and meta-analysis demonstrated a positive association between low income and tooth loss. To the best of authors' knowledge, this is the first systematic review with meta-analysis and meta-regression exploring such association. Even with previous individual results demonstrating this association, the pooled estimate obtained by a meta-analysis provides the most robust evidence, since the statistical power is highly increased. Additionally, the employment of a meta-regression analysis allowed us to identify possible sources of heterogeneity.

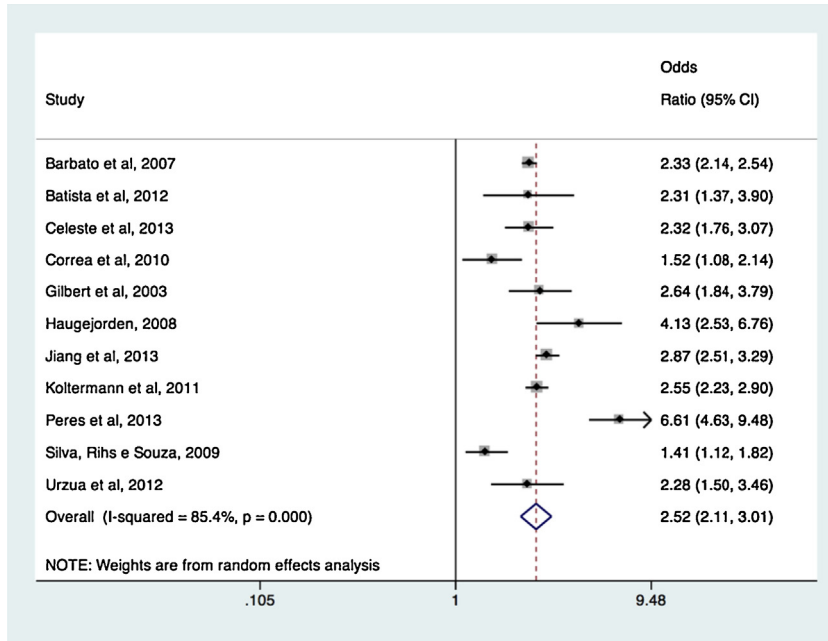


Fig. 3. Pooled effect of crude results of income on tooth loss.

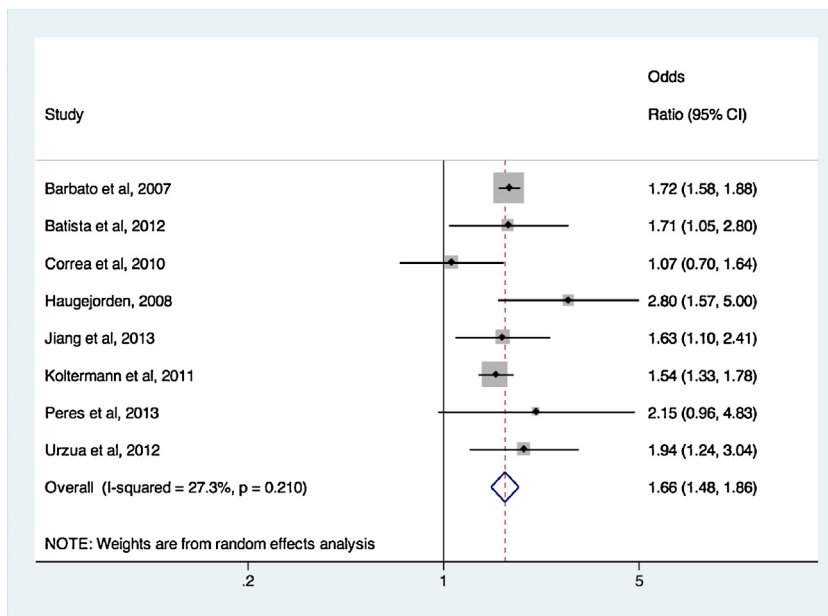


Fig. 4. Pooled effect of adjusted results of income on tooth loss.

Table 3

Income and tooth loss: Random-effects meta-analyses of tooth loss by subgroup and meta-regression analysis.

| | Studies with crude results | | | |
|----------------------------------|----------------------------|-----------------------------------------------|---------|---------------------------|
| | Number of estimates | Pooled odds ratio and 95% confidence interval | P-value | % heterogeneity explained |
| Study design | | | | 0 |
| Cross-sectional | 10 | 2.64 (2.18–3.20) | <0.001 | |
| Cohort | 2 | 2.00 (1.16–3.43) | <0.001 | |
| Sample Size | | | | 9.2 |
| ≤1,000 | 7 | 2.16 (1.57–2.97) | <0.001 | |
| >1,001 | 5 | 2.89 (2.35–3.55) | <0.001 | |
| Setting | | | | 0 |
| High-income | 4 | 2.79 (2.36–3.29) | <0.001 | |
| Low/middle income | 8 | 2.36 (1.83–3.04) | <0.001 | |
| Categories of outcome | | | | 0 |
| Mean/median number of lost teeth | 3 | 2.07 (1.44–2.99) | <0.001 | |
| Functional Dentition | 6 | 2.90 (1.82–4.61) | <0.001 | |
| More than 20 teeth lost | 3 | 2.51 (2.15–2.94) | <0.001 | |
| Year of publication | | | | 0 |
| ≤2009 | 4 | 2.33 (1.66–3.28) | <0.001 | |
| >2010 | 8 | 2.65 (2.09–3.37) | <0.001 | |
| Total | 12 | 2.52 (2.11–3.00) | <0.001 | – |

The adverse effects of SEP, measured by income, in general health are also observed in oral diseases, once subjects living in poverty present worse systemic and oral health conditions. They concentrate greater prevalence of dental caries and periodontal diseases, main causes of tooth loss in adults [5,11,19], in a phenomenon known as “polarization” of disease [20,21]. Our results demonstrated that low income was associated with increased tooth loss, and the literature indicates possible explanations for that. First, income disparity could represent a disinvestment in public resources, such dental care services and water fluoridation, once the interests, needs and perceptions of the rich diverge from those of the poor. Thus, the damage of core public health measures to prevent oral diseases would have a direct effect on tooth loss. Second, the presence of income inequality may lead to a non-cohesive society, where diffusion of health information can be reduced. Besides that, income may affect tooth loss through “stress-induced oral-health-related behaviors” and psychological effects, since a relationship between those factors and tooth retention may exist [22]. Previous studies have demonstrated individuals in the lowest income level tend to present neglected health behaviors, which play a relevant role in the establishment and progression of dental caries and periodontal disease. Hence, influencing those factors will direct impact on tooth loss. In addition to those factors, it has been demonstrated that economic constraint is closely associated with the type of dental treatment delivered. While subjects in the lower income are more prone to dental extraction, those in the higher are more likely to seek for periodic routine appointments and conservative dental treatment, reflecting in a greater number of retained teeth [23,24]. It is worth pointing out that income may affect tooth retention by influencing the establishment of oral disease as a conjunction of all aforementioned reasons [25].

The reasons for not including some studies in the meta-analysis should be pointed out. Firstly, the statistical analysis used in some articles, such as linear regression, did not allow us to convert association measures in order to pool the estimates. Second, some studies used as the reference category those individuals with retained teeth, presenting the estimates as a protective factor. Including those articles would undermine the pooled estimates, once the association is presented in the opposite way. Finally, many studies presented only a bivariate analysis without an association measure, such as odds ratio. Those articles based their findings on the P-values of the tested association, which precluded their inclusion in our analytical approach. Although these studies were

excluded from meta-analysis, they demonstrated results in the same direction of the included reports, reinforcing the strength of our findings.

In this study, it is relevant to distinct the concepts of income from socioeconomic inequality. The latter is a broad concept that comprises not only income but also professional status, education and social exclusion. In the field of economics, where these concepts are originated from, there is a common mistake when income inequality is a synonym of economic inequality. This difference is based on the multiple economic influences besides income that may affect individual advantages and substantial freedoms [26]. Nevertheless, and in the light of such limitations, the relevance of income as a socioeconomic measure cannot be questioned [1].

This review is not free of limitations. Firstly, most of included studies presented a cross-sectional design. This design precludes the establishment of a causal relationship, since the temporal association between presumed exposure and outcome cannot be determined. Secondly, subjects enrolled in included studies presented a large age range. However, in order to make this association more evident we chose to not include elderly in this review. As tooth loss is a common condition among the elders, we expected that the effects of income could not be adequately noted in this specific population, since most of the individuals experience some type of tooth loss, regardless of the socioeconomic position. Finally, our review used income as measure of socioeconomic position, and as aforementioned, it might have impacted on our findings. Other socioeconomic measures such as educational level and employment status should be considered for further reviews.

Regardless of the limitations, our study presents strengths that should be pondered. To the best of authors' knowledge, this is the first systematic review with meta-analysis and meta-regression revealing the pooled association between income and tooth loss in adults. In addition, the number of individuals enrolled and the high quality of included studies provided strong evidence of our findings. These aspects compensate the low number of studies included in this review. Furthermore, the inclusion of studies from different settings suggests that the association between income and tooth loss is a global concern. Thus, our findings should not be restricted to specific scenarios.

This study provides useful data to evidence the positive association between low income and tooth loss. Our findings, however, suffer with the causal limitations of many cross-sectional

articles included in this review. Even though it is not possible to determine a causal relationship between exposure and outcome, this hypothesis cannot be refuted, since the association remained significant even in the adjusted model. In the light of our limitations, our results suggest a relationship between low income and tooth loss. Further investigations with longitudinal design and broader measures of socioeconomic position are encouraged in order to corroborate our findings.

Appendix A. Supplementary data

Supplementary data associated with this article can be found, in the online version, at <http://dx.doi.org/10.1016/j.jdent.2015.07.004>.

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